September Newsletter Go Lobos!

DEAN OF STUDENTS

Dear students,



Happy 2nd month of school! One down, and only 3.5 to go. Now that you've realized that your new roommate is not as different as you thought and that everything you learned in New Student Orientation was actually pretty important it's time to settle into your classes and start to enjoy what we call the "college experience." Whether it's through intramurals, clubs and activities, Greek life or student government there are plenty of opportunities to have fun, make new friends and start developing the essential skills that will make you more marketable when you graduate. Also please don't forget the multitude of resources that are available to you here on campus from SHAC, to our many student resource centers, to the LoboRESPECT Advocacy Center which will be opening towards the middle of the month – we are here to support you! If you have any questions and/or concerns and don't know where to start, please feel free to swing by the Dean of Students office. Similar to last year I have open office hours for students only on Tuesdays (3-5pm) and Wednesdays (10-12). I will also be continuing our Dine with the Dean program on Mondays (12-1 in La Posada) and Thursdays (12-1 in the SUB).

Have a great fall semester and "Go Lobos!"

Tomás A. Aguirre Your "Dean of Students"

LEADERSHIP DEVELOPMENT **UNIV 391**

Are you interested in becoming a RA, New Student Orientation Leader, Peer Mentor/Tutor, or another student-staff position at UNM? Would you like to learn more about Leadership and Student Development?

Fall 2015

MWF 1-1:50pm 55682-UNIV 391 023

Aguirre, Tomás

MWF 3-3:50pm

TTH 2-3:15pm 55680-UNIV 391 022 55679-UNIV 391 021

TTH 12:30-1:45pm 55683-UNIV 391 024

Diaz, Leonel Martinez, Chriselle Villar, Jose

UNIV 391: Student Development and Leadership Theory is a second half of the semester, 8-week course; topics include student development theory, leadership development, communication skills and problem solving. This class is strongly recommended for students interested in applying for New Student Orientation Leader and Resident Advisor positions. Students interested in learning about leadership and development while engaging with fellow student leaders are welcome to enroll. For more information, visit the course web page.



Student Health & Counseling (SHAC)

Important Dates

The following workshops will be offered at NO CHARGE to UNM Students Only. Sign up online at http://shac.unm.edu/forms/counseling-workshops.html. NOTE: Students must notify SHAC if they cannot attend to avoid a \$5.00 no-show fee on their Bursar's account.

- *Tips & Tricks for Academic Success: Thu., Sep. 3, 3:00-5:00 PM, SHAC
- * Borderlands: Managing One's College Identity: Tue., Sep. 15, 12:00-2:00 PM, El Centro de la
- * Assertive Communication: Mon., Sep. 21, 3:00-5:00 PM, SHAC
- * Coping With Stress, Anxiety & Depression: Tue., Sep. 29, 3:30-5:00 PM, SHAC
- * SHAC Closure Monday, September 7, 2015: SHAC will be closed in observance of the Labor Day holiday. For a list of After-Hours Healthcare Options, visit http://shac.unm.edu/ after-hours-links.html.

For information, e-mail SHAC Counciling Services at studentcounseling@unm.edu

COMMUNITY OUTREACH Lobo Food Pantry

The Lobo Food Pantry continues September 25, 2015, from 10am-12pm! Students will have the opportunity to receive free groceries. Just bring your student ID, grocery bags and boxes, and even friends or family to help you carry your groceries. We'll be at the UNM South Parking Lot on the southwest corner of Avenida Cesar Chavez and Buena Vista. We look forward to seeing you there! Our next lobo food pantry will be October 23, 10am-12pm. Visit the website for up-to-date information.



FINANCIAL ASSISTANCE ShortTerm/Emergency Loans

Ever been in a financial shortage where you needed some extra cash? The Dean of Students Office offers students short term loans for emergency situations. We can provide students with loans of up to \$800. To be eligible you must have a GPA of 2.0 or higher, be enrolled in at least 6 hours, not have a past due balance of more than \$200, and repay the loan within 45 days. For more information, visit the Advocacy Site or visit our office to apply for a loan.



TRAVEL National Student Exchange

Did you know lobos can travel and study across the United States? Visit another university for a semester or up to a year with the National Student Exchange. Visit our website nse.unm.edu for more information to learn about studying on exchange throughout the United States and US Territories. Our next info session is September 29th, at 3:30pm in the Dean of Students Conference Room, University Advisement and Enrichment Center.

Student Honorary Coach Program

CAMPUS INVOLVEMENT

Are you a die hard football fan? Get up close in the action with Lobo Football this fall by applying for the Student Honorary Coach Program. Get a behind the scenes tour, on field

access, and meet the players and staff. Applications will be made available soon! Visit http://leadership.unm.edu/get-involved/honor-coach.html for more information and application deadlines.



UNM Mobile Application

CAMPUS INVOLVEMENT

We are looking for students interested in skill development, gaming, or/and app develop-

ment. UNM is currently developing a mobile application aimed at helping students develop essential skills. If interested, please contact Leonel Diaz Jr. at <u>ladiaz@unm.edu</u>.



Facility Changes

ASUNM and GPSA want to hear from the students about the proposed facility changes, and

ASUNM & GPSA

this is their opportunity them to view each project. During this information session students will be able to ask the project leaders questions, and provide input to the student governments by completing an evaluation form that will be available at each table. The facilities that are being considered are: Physics and Astronomy, Johnson Center, Ander-

son School of Management, Smith Plaza/Union Square, and the Children's Campus. Please take time to stop by the Sub Atrium and visit with UNM representatives about these

projects. After checking out the the different projects we ask that you complete an evaluation form that will be available. Your voice is important to us!! Visit us at the SUB Atrium on September 2nd and 3rd from 11am to 1pm.

The Campus Office for Substance Abuse Prevention (COSAP) is in the process of building a

CAMPUS SUPPORT COSAP Collegiate Recovery Program

Collegiate Recovery Program at UNM for Lobos in recovery from drug and/or alcohol addiction! While in the early stages, COSAP will be hosting a drop-in space, free for recovery students to utilize. This is not a formal support group/meeting, but rather a safe, laid-back place where students who are in recovery can come to have lunch, do homework, or meet other students who are also in recovery! There might even be snacks... So come drop by, or stay a while! The drop-in space will be open Mondays and Thursdays from 12:00pm-2:00pm in Logan Hall Room 110 (beginning the week of September 14, 2015).



University Advisement & Enrichment Center Room 280 Phone: 505-277-3361 Fax: 505-277-0370

Email: doso@unm.edu

DEAN OF STUDENTS OFFICE



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