Dear Lobos,

Welcome back to spring! Happy New Year! Hope you had a wonderful winter break and are ready for the new semester to start next week! We are excited to see you all back on campus.

The Lobo Food Pantry continues Thursday, January 21st, 2016 from 10am-12pm! Students and community members are welcome to attend. The pantry is located in the Student Center, behind the Salsa and Lime restaurant. 

January 26th: Aroma Therapy for Students Facing Anxiety and Depression

Aroma Therapy is a helpful way to combat stress and anxiety through the use of essential oils. It’s a free workshop and each participant will get a free gift at the end. The workshop will be held from 11:00am-12:00pm in the WRC Group Room.

January 22nd: Laughter Yoga

Laughter yoga is a fun way to reduce stress and improve your health. This group meets on Wednesdays from 11:00am-12:00pm in the WRC Group Room.

January 19th: Breastfeeding Support Group

This group is for breastfeeding mothers and their partners. This month's focus will be on breastfeeding during the holiday season. The group will meet in the WRC Group Room at 11:00am.

January 13th: Breastfeeding Support Group

This group is for breastfeeding mothers and their partners. The group will meet in the WRC Group Room at 11:00am.

January 5th: Breastfeeding Support Group

This group is for breastfeeding mothers and their partners. The group will meet in the WRC Group Room at 11:00am.

The Division of Student Affairs will once again be spearheading the celebration of Random Acts of Kindness week on the UNM campus, Monday Feb. 9 through Friday, 15, 2016. Several events are planned for the week, some of which have been done in past years and some are brand new!

Did you know lobos can travel and study across the United States? Visit another university, take a class and gain college credit. Our next info session is Febuary 9th, at 3:30pm in the Dean of Students Office.

The Lobo Food Pantry continues Thursday, January 21st, 2016 from 10am-12pm! Students and community members are welcome to attend. The pantry is located in the Student Center, behind the Salsa and Lime restaurant.

January 29th: Breastfeeding Support Group

This group is for breastfeeding mothers and their partners. The group will meet in the WRC Group Room at 11:00am.

January 25th: Aroma Therapy for Students Facing Anxiety and Depression

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